



We will be happy to give you detailed information about My Way.



Your contact:
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How to find us:



Who provides My Way?

My Way is provided in our multi-generational centre by specialist training staff. The team includes social educators, psychologists, trainers and teachers who are there for you to answer any questions you have.



Anna Haag Mehrgenerationenhaus

senior citizens' centre • training centre • day care centre
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My Way Career perspectives for refugee women



The Anna Haag Mehrgenerationenhaus is around five minutes on foot from the S- and U-Bahn stop Nürnberger Straße (S2/S3 and U1).



Training centre



What is My Way?

My Way helps women on their path towards professional life. It is directed towards women with a migration and/or refugee background,

- who do not speak German well,
- who have children,
- and have no professional qualifications.

We will find out where you need support. Have language barriers, the need for childcare or personal problems previously made integrating in Germany difficult for you? Our coaches will work with you on your individual topics, look for solutions and help you every step of the way on your path towards an independent life.



How does My Way work?

So you can take part in My Way, we will organise childcare for you and support you with any personal problems.

The course lasts one year. At the start, you will get to know various areas of employment at our multi-generational institution with its senior citizens' centre and training centre. The centre deals with care, cooking and cleaning. After this, you will choose an area you would like to work in. We will then provide you with practical qualifications.

For your support, we offer individual coaching, group training and language development. We will help you prepare applications, find an external traineeship for you and support you in the process of applying for a job until you have found one that suits you.



What will My Way do for me?

From My Way, you will receive:

- comprehensive training focused on care and home economics (cooking, cleaning),
- a job, trainee position or entry-level qualification,
- better knowledge of German.

